

[LN 1522]

OCTOBER 2018

Sub. Code: 1522

**THIRD B.N.Y.S. DEGREE EXAMINATION**

**PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY AND  
AROMATHERAPY**

*Q.P. Code : 821522*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Definition and techniques of Osteopathy and Chiropractice.
2. Explain about various methods of Neck massage. Add a note on effects, indication and contraindications of Neck massage.

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Aromatherapy for Alopecia.
2. Effect of massage on Nutrition.
3. Blending and mixing of Aroma oils.
4. Massage for Insomnia.
5. Indications and contraindications of massage.
6. Lavender oil, its properties, benefits, indications and contraindications.
7. Write a note on Shiatsu in manipulative therapy.
8. Notes on Stroking, its types and effects.
9. Procedure for Abdominal massage.
10. Lemon grass, its properties, benefits, indications and contraindications.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Name the reflex areas.
2. Ayurvedic massage.
3. Define Photosensitivity.
4. Effect of massage on Phagocytosis.
5. Wringing movement.
6. Indications of Black pepper oil.
7. Uses of Ylang Ylang.
8. Storage of essential oils.
9. Pot Pouri.
10. Palmar vibration.

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